

**Northshield Dance Seminar 24  
September 21, 2019  
Shire of Silfren Mere**

**Class Schedule**

<b>Time</b>	<b>Playford</b>	<b>Arbeau</b>	<b>Caroso</b>	<b>Gathering Space</b>
<b>9:15 – 9:45 am</b>	Stretching with THN Thora(or How the Hell Do I Get This Body To Move This Early?)			
<b>10:00 - 10:50 am</b>	Intro to ECD	5 easy SCA Dances for beginners	Italian Trios	
<b>11:00 – 11:50 am</b>	2-Couple English Country Dances	So You Want to Start Teaching Dance	Furioso	
<b>12:00 – 1:00 pm</b>	<a href="#"><u>Lunch Break (on own)</u></a>			
<b>1:00 – 1:50 pm</b>	3-Couple Dances	Bizzaria d'Amore	Maraviglia d'Amore	Introduction to the Gresley Manuscript
<b>2:00 – 2:50 pm</b>	Troubled Relationships	GOOP (grossly out of period)	Two 16 <sup>th</sup> -century Italian Dances	Intermediate Gresley Manuscript Dances
<b>3:00 – 3:50 pm</b>	Harvest Dances	Mixed Bransles	Variations on Three Italian Dances	The Old Measures (1.5 hr)
<b>4:00-5:50 pm</b>	<b>Supper Break</b>			
<b>6:00 – 8:30 pm</b>	<b>Grand Ball &amp; Dessert Revel*</b>			
<b>9:00 PM</b>	<b>Site closes</b>			

\*Dessert Revel will consist of treats that are homemade & store-bought goodies.